

Removing Sweat - Is It Always Good?

Sweat is considered a nuisance by all of us. We equate sweat with smell and mess. That is why we buy anti-perspirants and deodorants to smell good. Is always good for us? What about the attraction of women in your life due to sweat? Let us discuss it.

Sweat- Types

We have two types of sweat glands-apocrine and also eccrine. We are born with eccrine glands. But we develop apocrine glands only after puberty. The apocrine glands create a different kind of sweat. This sweat is much more of fatty matter. The eccrine sweat is a lot more of water.



Apocrine Sweat and Pheromones-

The apocrine sweat is supposed to contain **pheromones**. Pheromones entice the opposite sex to be able to us all. In our quest to smell good, we remove all the apocrine sweat and along with that all the pheromones. We eliminate just what nature gave us to attract.

Body Odor as Well as Attraction-

You can keep body odor away by maintaining the skin dry of eccrine sweat. That will stop the bacteria produce odor with eccrine sweat. you should remove the apocrine sweat at regular intervals. Only remove the sweat and let it not accumulate. But if you don't work with a deodorant on the areas where you produce apocrine sweat, you may be surprised with the good results. Try and see. To learn more about perspiration and the way to keep body odor away, click here- [Perspiration](#).

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Perfumes Mimic Memories Perfume occupies a special place in our hearts that cannot be beaten by clothing, boots, shoes, bags or even jewellery. This is the same for men and women. Fragrance will make us all feel different, convert the personality and possess a magic...

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Related Links:- 1- Quiz: Do You Know about Perspiration? 2- Body Odor

DoctorGoodSkin.com is a webbased natural skin care guide where you can find a lot of information, articles and tips about skin diseases and conditions, skin treatments and procedures, natural skin care, skin care products, etc. You will also find information about hair and nails. A unique feature of this portal is the skin and health quizzes, by which you can test your knowledge about various skin, hair and nail disorders. The most popular topics on the site include acne, hair removal, dangerous skin cancers, sweating, surgical procedures, aging, dandruff, etc.



“ **Gilbert Chavez**

Gilbert is a content marketer at mystopgap.com, a site about health solutions. Last year, Gilbert worked as a blog curator at a well-known news startup. When he's not scouting for health articles, Gilbert enjoys sleeping and surfing.

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